

# INTERNATIONAL YOUTH DAY

**TOOLKIT  
2025**



Happy

INTERNATIONAL

Youth

DAY



**DO YOU WANT TO COMMEMORATE INTERNATIONAL YOUTH DAY, BUT ARE UNSURE HOW?  
THEN TAKE A LOOK AT THE **IF INTERNATIONAL YOUTH DAY TOOLKIT****

## **INTERNATIONAL YOUTH DAY**

On 12th of August, the world celebrates the International Youth Day. This day, designated by the United Nations, is a day of awareness and its goal is to bring attention to a specific set of cultural and legal issues that affect young people. The first International Youth Day was celebrated on August 12, 2000 and since then young people all around the world can express themselves and spread the word on this special day. This is an opportunity for young people to draw attention to youth issues around the world and is taken seriously by the IF international Youth Group SBH who want to address several issues related to the current situation!

# #YouthDay #YouthSBH #DreamingBeyondBarriers



The International Youth Day is an opportunity to raise awareness about the importance of key topics for youth with Spina Bifida and Hydrocephalus, including independent living, mental and physical health, friendships, sports and exercises, as well as self-confidence. And this is why this year we chose the theme:

## 'Dreaming Beyond Barriers'

**When?** 12 August 2025, 14:00 (CEST time)

**Where?** Online (Zoom)

**Save the date and  
register to join us!**



<https://bit.ly/45UhYg3>

# JOIN US

Please share with us what # DreamingBeyondBarriers means for you!  
Which of your dreams have you achieved? What dreams do you have for the future?

SEND US



A video of max. 2min



or

A short text with a picture (optional)



mentioning your name, age and country

to [info@ifglobal.org](mailto:info@ifglobal.org) or via WhatsApp (+32 471 84 41 54)  
before the 6th of August 2025.



The form is a blue-themed graphic for International Youth Day 2025. At the top left is the IF SBH logo (International Federation for Spina Bifida and Hydrocephalus). To the right, it says 'INTERNATIONAL YOUTH DAY' in large letters, with 'DREAMING beyond barriers' below it. In the top right corner, a white banner indicates '12 August'. The form features a large white rectangular area for a picture, with a placeholder image of a landscape with a cloud. Below the picture area is a label '[Name, age, country]'. To the right of the picture area is a section for a quote, labeled '[Quote]' followed by a horizontal line and several more lines for writing. At the bottom right of the form, the hashtag '#YouthDay' is displayed. The bottom of the form is decorated with a white wave-like border containing illustrations of diverse people, including a person in a wheelchair, a person with a cane, and a person holding a red flag. A European Union flag is also visible in the bottom left corner.

## MATERIALS YOU CAN DOWNLOAD AND SHARE ON YOUR SOCIAL MEDIA

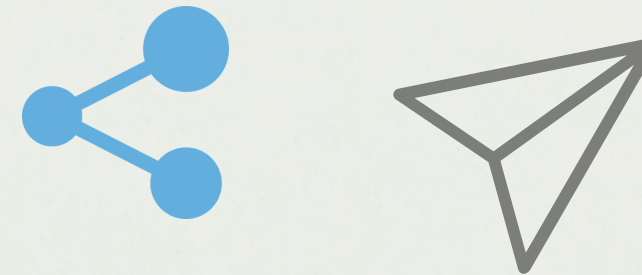
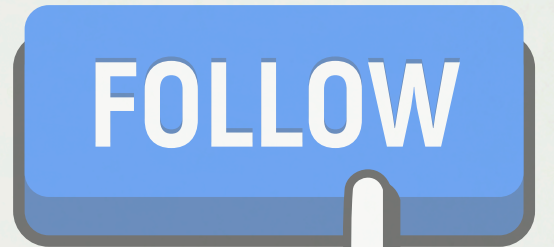
You can also join the action by using IF's  
International Youth Day material:

- [Poster](#)
- [Banner](#)
- [Save the Date](#)
- [Frame Challenge](#)
- [Media Poster 1](#)
- [Media Poster 2](#)
- [Media Poster 3](#)

and share them on your social media!



**TAG @IFSBH  
SHARE & FOLLOW**



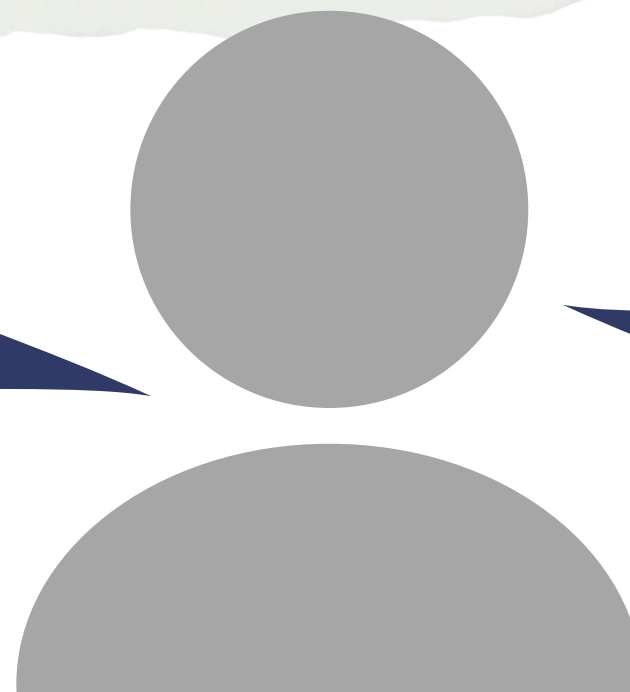
Use the hashtags:

#YouthDay

#YouthSBH

#DreamingBeyondBarriers

#YouthSBHVoice



Follow @IFSBH



# THANK YOU FOR YOUR PARTICIPATION IF INTERNATIONAL YOUTH GROUP SBH

For further information please contact IF at:

✉ [info@ifglobal.org](mailto:info@ifglobal.org)

☎ +32 (0) 471 84 41 54



Co-funded by  
the European Union

